

National: 1.800.SUICIDE or 1.800.273.TALK

Website: <u>www.save.org</u> has a native specific area and is based in MN.

There's also a Native Youth Crisis Hotline 1.877.209.1266 (See below for info on this)

The Native Youth Crisis Hotline 1-877-209-1266 was launched last year during the first and second Honor the Youth Spiritual Run from Minneapolis to Red Lake and the run from Red Lake, Minnesota to Fort Yates North Dakota on the Standing Rock reservation. Suicide is the second leading cause of death for Native Youth between the ages of 15-24 years of age; their risk is three times higher of committing suicide then another racial/ethnic group in the country.

Drugs, alcohol and depression are the norm for many Native youth on and off reservations. For example, alcohol and marijuana daily use are common for our youth. Native community members have abused tobacco, resulting in Lung cancer which is the leading cause of death for Native Americans. Now, we have the insidious drug Methamphetamine (METH) which our youth are using at an alarming rate. Violence and violent death rates for Native youth per capita is increasing on and off reservations.

There is not one Native on or off the reservations who can say they have not had a family member or Native friend experience violence in some form of suicide, drugs, alcohol, violence, depression, and that many times result in death.

For further information please contact:

## **Patricia Shepard**

Honor the Youth Spiritual Run IV Coordinator phone and fax 612-722-1978 E-mail: peyrich@mn.rr.com

## Native Alive Suicide Hotline for the White Earth Reservation

1-888-261-8691