

Facts about Domestic Violence

- 95% of victims are female.
- 95-98% of perpetrators are male.
- Every 9 seconds a person is abused by their intimate partner.
- Battering is the leading cause of injury to women.
- Every day, 4 women are murdered as a result of domestic violence.
- Up to 10 million children witness domestic violence each year.
- 40-60% of men who abuse women also abuse children.
- Women are at a 75% greater risk of being murdered after they leave their partner.
- About 90% of married couples in counseling have engaged in physical violence.
- 31% of Native American women are homeless due to domestic violence.
- Native American women experience the highest rate of violence.
- 25% of all violent crime victims in Minnesota are domestic violence related.

Domestic violence occurs in:

- Current or former dating relationships
- Married relationships
- Cohabiting relationships
- GLBT relationships
- All racial, ethnic, religious, & socioeconomic groups

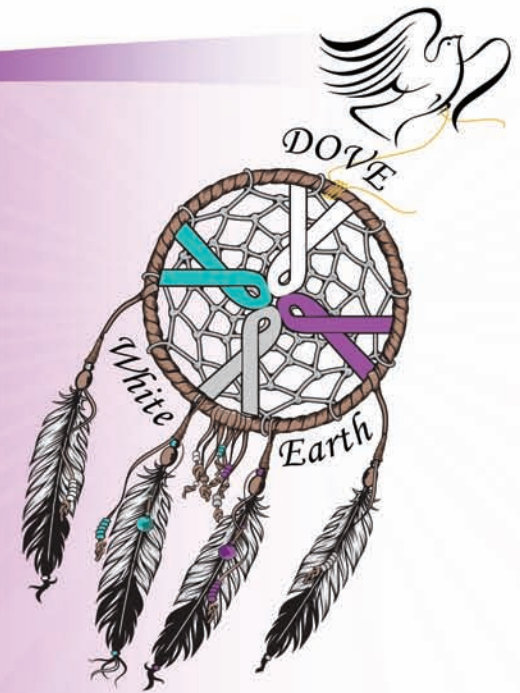
The White Earth Domestic Abuse Program Provides the Following Services:

- Crisis intervention
- Crisis counseling
- Transportation for medical & legal appointments related to the crime
- Empowerment sessions
- Community education
- Assistance with orders for protection/harassment restraining orders
- Safehousing
- Information and referrals
- Legal, personal, and systems advocacy
- Assistance in creating safety plans
- Assistance in applying for reparations claims
- Support during evidentiary exams

24 Hour Crisis Line

877.830.DOVE (3683)

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Zaagi'idiwin and Manaaji'win
"Love and Respect"

Serving the victims of violence
on/near the
White Earth Reservation

Domestic Violence



DOVE

Down On Violence Everyday Program
218.935.5554 • 800.763.8629

24 Hour Crisis Line • 877.830.DOVE
(3683)

What is Domestic Violence?

Domestic violence is characterized by any pattern of behavior that involves the use of intimidation, coercion, threats, or physical force used to gain and maintain power and control in an intimate relationship. It is never the victim's fault.

Power & Control

The power and control wheel is a model based on a belief system in which an individual has control and maintains it through certain actions and behaviors.

- **Coercion and Threats:**

- Making and/or carrying out threats to do something to hurt you
- Threatening to leave you or commit suicide if you leave
- Making you drop charges or do illegal things for them

- **Intimidation:**

- Using looks, actions, gestures to make you afraid
- Displaying weapons
- Abusing pets

- **Isolation:**

- Controlling where you go, who you see and talk to
- Cutting off family and friends visiting
- Not allowing you to go anywhere



The abuse can stop. Some of the positive changes to look for are:

- They acknowledge that the abusive behavior is their fault and it is wrong.
- They have stopped being violent or threatening to you and others.
- You don't feel afraid when you are around them.
- You can express anger without feeling intimidated.
- They listen to you and respect what you have to say.
- They recognize that they are not "cured" and changing their behavior is a continuing process.

If you are in an abusive relationship.

You are not alone. It is not your fault.
Help is available.

National Domestic Violence Hotline

800.799.7233 • 800.787.3224 (TTY)

www.ndvh.org



Healthy Relationships

Equal:

- Make decisions together
- Both benefit equally from the decision

Fair:

- Accepting change
- Willing to compromise
- Non-threatening
- Respect each other's feelings
- Mutual non-violent conflict resolution

Respectful:

- Valuing each other's opinions
- Listening non-judgmentally

Supportive:

- Support each other's goals in life
- Understanding

Honest:

- Admitting being wrong
- Open communication

Trusting:

- Doesn't share personal information to others
- Freely express opinions and emotions

You have the right to:

- Be you
- Be safe
- Love and be loved
- Treated with respect
- Earn and control your own money
- Make decisions that affect you
- Make mistakes
- Say NO when you want to
- Grow and change
- Your own opinions and express them
- Control your own life and change it if you're not happy